KITCHEN

Companion







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MICRO KITCHEN COMPANION OPERATING INSTRUCTIONS

Micro Kitchen Companion is designed to meet the needs of the modern gourmet. It provides instant access to any recipe in your collection. It's a menu planner, memory jogger and all around chef's aid.

This booklet will show you how to put the system to work for you in minutes. It has three sections. The first gives hardware requirements and general operating notes. The second section is a tutorial designed for beginning computer users. Section three discusses some of the finer points of the program.

Micro Kitchen Companion requires an Apple II+, IIe or compatible computer with at least 48K RAM and one disk drive. If you use one disk drive, Micro Kitchen Companion will provide on-screen prompts to let you know when to change disks. A second disk drive is recommended for more efficient operation. Micro Kitchen Companion will work with any printer that is compatible with your system.

THE FIRST TIME YOU USE MICRO KITCHEN COMPANION

A sample database of recipes is recorded on the flip side of your program disk. These recipes

should be copied onto a new disk before proceeding. Use the COPYA program on the DOS 3.3 System Master Disk.

STARTING Micro Kitchen Companion - With the power off: Insert your program disk with the label up, in drive 1. Turn on the power.

STARTING Micro Kitchen Companion - With the power on: Insert your program disk with the label up, in drive 1. Reset your computer according to the instructions in your computer's operating manual, and, if necessary, type PR#6.

Either way, Micro Kitchen Companion will take several seconds to load. Follow the instructions on the screen.

Micro Kitchen Companion will ask you to do the following:

1. Enter the Number of Disk Drives 2. Press (RETURN) to proceed or (I) to INITIALIZE A RECIPE DISK.

Type in the appropriate responses. Press (RETURN) for question 2. This choice will take you to the INTRODUCTORY MENU. We'll explain how to initialize data disks later.

IF YOU ARE JUST LEARNING TO USE YOUR COMPUTER, we suggest that you continue through the following tutorial step by step.

IF YOU ARE ALREADY COMFORTABLE WITH THE GENERAL OPERATION OF COMPUTER SOFTWARE, you will most likely find that Micro Kitchen Companion's on-screen prompts provide all of the instruction that you will need to get started. Use Section Three of this manual and the user tips as a guide to advanced operating procedures.

Section II. TUTORIAL

In this tutorial, you will learn how to use Micro Kitchen Companion's basic features. You will FIND A RECIPE, RESIZE THE INGREDIENTS LIST, PRINT A RECIPE and PRINT A SHOPPING LIST.

Once you become comfortable with these features, you will find that using the same procedures in various combinations will make recipe selection and menu planning more effortless and fun than you ever imagined.

Later, in the section on ADVANCED FEATURES, you will learn how to set up your own recipe disks, how to use Micro Kitchen Companion as a rapid cross referencing system, and how to use the full range of features.

But, first things first! Let's take a look at

Micro Kitchen Companion's basic recipe search, edit and print capabilities.

FINDING RECIPES

Micro Kitchen Companion is an electronic cookbook. Like a cookbook, it is full of delicious recipes.

Micro Kitchen Companion is also an electronic data base management system. As such, you can rapidly locate any recipe on the recipe disk simply by answering a few questions posed on the computer screen.

TO BEGIN - Make sure that you have copied the recipes from side 2 onto a new disk. Start Micro Kitchen Companion as described above. Enter the number of disk drives. Skip over the "initialization" question by pressing (RETURN).

Your computer screen will now display the "Introductory Menu".

Type "1" to select "Add/Search/Delete/Index" from this menu.

Your computer screen will display the "Main Menu".

Type "S" to select "Search/Edit/Delete" from this menu.

Your computer screen will now display a recipe index form — one with headings and spaces for descriptive information. You will use this index form to give Micro Kitchen Companion information about the recipe for which you are looking. To move the cursor to the field "NAME", press (RETURN).

In this exercise, we will search for the Italian dish, Caponata.

Since we know the name, we can type "CAPONATA" in the spaces to the right of NAME. Next, press (ESC). Micro Kitchen Companion now gives you a chance to make changes to the selection criteria. Look over your entry. To make corrections, type the line number and press (RETURN). If you typed "CAPONATA" correctly, press (RETURN). For now, respond "N" for NO to the question "Search by additional ingredients?".

Micro Kitchen Companion will now search the recipe disk for Caponata. In a few seconds, you will see the first page of the recipe on your screen. This is the INDEX SCREEN, the same one you just used, only with the blanks filled in with the characteristics of Caponata.

At the bottom of the screen, you will see choices that help you move quickly from one program

feature to another.

To see the ingredient list for Caponata, type "L" for "List Ingredients".

To see the instructions for Caponata, type "I" for "Instructions".

These three screens comprise the entry for Caponata. We'll explain the other choices at the screen bottom in later sections.

For now, type "M" to return to the main menu.

Let's look at another way to find Caponata. Once again, type "S" at the main menu. You will see the recipe index form on your screen.

This time, we'll assume that we don't know the name of the recipe we're looking for. We do know, however, that we want an Italian dish that uses eggplant as the main ingredient. Move into the index form by pressing (RETURN), then skip over the name field (press (RETURN) again) and enter "Eggplant" in field #2, "Key Ingredient". Press (RETURN) to enter.

Now, skip over "SOURCE" to "CUISINE". In the spaces next to "CUISINE", enter the word "Italian" and press (ESC). If your entries are correct, press (RETURN).

The screen now asks you if you want to "Search by additional ingredients". Press "N" for "no".

That's it. Micro Kitchen Companion will now locate all of the Italian eggplant recipes on file, the first of which is Caponata.

Look over Micro Kitchen Companion's index screen, and you'll think of dozens of ways that you can enter information to pinpoint the recipe or type of recipe you have in mind at any given time. You can leaf through your recipes one by one, search for dinner dishes only, or display all of your French or Italian dishes that take less than two hours to prepare, to name but a few possibilities.

All of the fields on the index screen are at your disposal. They can be used one at a time or in any combination to be as specific or as general as you please. Secondary ingredients can be entered on the List of Ingredients page to further specify the search.

As you experiment with these combinations keep a few tips in mind:

* To specify secondary ingredients, answer "Y" when prompted "Search by additional ingredients?" You will be presented with the List of Ingredients form. Enter secondary ingredients on this form in any order you choose; Micro Kitchen Companion will

find all of the recipes that contain all of the ingredients listed.

* Each recipe is assigned a number automatically by Micro Kitchen Companion. This number appears at the top of the index form. You can quickly search for any recipe by number by filling in the blanks at the bottom of the search form. See section 3, "Viewing Quick Reference Indexes," to produce a list of recipe numbers.

* If you make a mistake while typing information, use the left arrow key to move the cursor back, then type in the correct information.

* NAME and KEY INGREDIENT are "Key Fields". If you enter information in either of these before searching, Micro Kitchen Companion will find your specified recipe most quickly.

* Micro Kitchen Companion will find all of the recipes that meet the criteria you enter. Only the first will be automatically displayed. To leaf through the others, press the right arrow key "--)". To go back to a previous recipe, press the left arrow key.

* The more fields in which you enter information, the more specific Micro Kitchen Companion will be in selecting recipes.

RESIZING A RECIPE

Return to the MAIN MENU.

Micro Kitchen Companion can resize any recipe to serve 1 to 999 people. Let's try it with Caponata.

Find Caponata using any of the methods you've just learned.

Now, let's go to the second page of this recipe, the list of ingredients. With the Caponata INDEX SCREEN displayed, choose "L" from the menu at the bottom of your screen. The "LIST OF INGREDIENTS" screen is now displayed.

Select "S" from the menu at the bottom of this page to change the "SERVING SIZE". Type in the new serving size you desire. Press (RETURN). Wait a moment while Micro Kitchen Companion recalculates the entire ingredient list.

That's all there is to it.

Try your hand at resizing Caponata a few times, then find a different recipe and resize it.

As you experiment with resizing, here are some useful tips:

- * Micro Kitchen Companion resizes your recipes in whole numbers and fractions, just the way you would by hand.
- * Micro Kitchen Companion will calculate a mathematically precise change for each ingredient. In the case of some delicate dishes, such as souffles, large changes in serving size may require that one or more ingredients be disproportionately adjusted to acheive optimal results. In this area, there is no substitute for your skill as a cook. You can record these minor adjustments using the editing feature, explained in section 3 of this manual.

* Micro Kitchen Companion retains the original serving size and values, no matter how many times you recalculate or edit a resized recipe. You can return to the original recipe by typing an upper case "O" for original in the serving size field. You can, however, make a permanent change in the original entry by editing it directly.

PRINTING A RECIPE

Return to the MAIN MENU.

Your computer is probably not in your kitchen. To get your chosen recipe from the computer to the kitchen, you can print it on paper or index cards. You can print from the search screen.

Let's print Caponata.

Find Caponata. Display any screen. Make sure that your printer has paper and that the power is on. Type "P" to select "Print" from the menu at the bottom of the screen.

You can now select the portion of the recipe that you want. Type "A" to select ALL from this menu.

Micro Kitchen Companion responds instantly, printing the entire Caponata recipe. Try the other choices, then type "N" for "none".

PRINTING A SHOPPING LIST

Return to the MAIN MENU.

The PRINT RECIPE LISTS routine displayed on this menu has a built in formatter for more complex printing operations. It lets you create catalogues, index card printouts for friends to take home, customized cookbooks and, of course, shopping lists.

If you want to print more than one recipe, or a shopping list for an entire meal, you can "mark" recipes for printing as a batch.

First, find Caponata, using any method you choose.

Now we will "MARK" Caponata for printing. To mark Caponata, or any recipe, display the index screen and type "K" for "MARK RECIPE".

Return to the MAIN MENU.

Type "P" from the Main Menu to select "Print Recipe Lists".

The PRINTER MENU appears with the following choices:

1. Print recipes alphabetized by name. 2. Print recipes alphabetized by key ingredient. 3. Print marked recipes. 4. Print recipes in order entered. 5. Clear marked recipes. 6. Change printer parameters. 7. Return to the main menu. 8. Terminate the program.

These choices designate the content and order of your printout. Since you marked Caponata for printing, type "3". You could have marked an entire meal and printed it out the same way.

A new menu appears. This menu lets you choose the part of the recipe that you want to print. You could choose "A" for "ALL", and you would have a copy of Caponata just like the first one.

This time, however, you want a shopping list. Type in "S" to select "SHOPPING LIST" from this menu. This format will print just the name, serving size and ingredient list for each marked recipe.

When prompted, indicate that you want the list sent to the printer. Your other choice would send the list to the screen for review before printing.

Micro Kitchen Companion lets you choose to print on standard 8 1/2 X 11 inch paper or 4 x 6 inch index cards. Make your choice, then specify the number of lines per page (usually 66 for paper; 24 for cards).

Your shopping list is now in hand.

EXIT

You can exit the program at any time by choosing the TERMINATE response from the MAIN MENU, the PRINTER MENU or the INTRODUCTORY MENU.

This concludes the Micro Kitchen Companion tutorial. We encourage you to experiment with the operations you've just gone over, and to become familiar with Micro Kitchen Companion's typical operating steps before moving on.

MICRO KITCHEN COMPANION ADVANCED FEATURES

Section III

Initialize A New Disk To Hold Recipes

Follow these steps to "initialize" or prepare a blank disk to hold recipes.

1. Start the program 2. Enter number of disk drives 3. Type "I" to initialize a disk 4. Type in a descriptive name for the new disk 5. Answer on-screen questions about your printer 6. Select COMPLETE RECIPE or INDEX ONLY, depending on the type of disk you want to create.

Create Recipe Disks

Follow these steps to create your own recipe disk from scratch.

* Initialize a disk using the above procedure 1. Select COMPLETE RECIPE as the type of disk 2. Type "1." at the Introductory Menu to Add Recipes 3. Type "A" at the Main Menu to "Add recipes" 4. Fill in the appropriate INDEX FIELDS 5. Make any needed corrections 6. Fill in the list of ingredients 7. Make any needed corrections 8. Fill in the instructions for preparation 9. Make any needed corrections 10. Indicate if the recipe will have more than one part 11. Repeat steps 4 - 10

Create Recipe Index Disks

Follow these steps to set up a high speed index system for recipes that you have in books, magazines and clippings.

* Initialize a disk using the above procedure * Select INDEX ONLY as the disk format * Follow steps 2-5 from "Creating Your Own recipe Disks"

Some Tips on Creating Recipe Disks -

- Only initialize blank disks or disks holding data that you no longer want. Any existing data will be lost during initialization.
- Press (RETURN) after typing in each line of the index screen.
- Be consistent when filling in fields that will later be used for finding recipes. This will insure that you can find all of the approprite recipes later.
- Some fields, such as "meal", "temperature" and "comments" can have more than one entry. The bottom of your screen will prompt you when this is allowable.
- Abbreviate terms, when necessary, by truncating or shortening them, but be sure to be consistent for later searching.
- Every recipe must have a name and a key ingredient.
- The ingredient list is set up as two columns; values and ingredients. Values must be entered according to the following conventions:

Whole numbers, type number and (RETURN). Example: 8 (RETURN)

Fractions, type numerator, slash, denominator, (RETURN). Example: 2/3 (RETURN)

Mixed numbers, type whole number, dash, fraction (as above), (RETURN) Example: 4-1/2 (RETURN)

Do not type blank spaces in any number.

- The second column holds ingredient descriptions. If you need more than one line for an ingredient, skip over the second and subsequent value fields. Enter text only in this second column.

Example: 8 (RETURN) Scallions, cleaned, trimmed and (RETURN) (RETURN) cut diagonally.

- The escape key (ESC) lets you skip over remaining fields.
- You have a chance to edit any screen before moving onto the next. Editing existing screens is explained below.

Edit a Recipe Disk

Any recipe can be altered to suit your taste. Follow these directions to change any entry in recipes provided by us, or created by you.

1. Find the recipe using any search procedure 2. Type "E" to select "EDIT" 3. Type in the number that is next to the item to be edited 4. The cursor will move to that field 5. Enter the new

information 6. Repeat as required to make all changes

Delete Recipes

Micro Kitchen Companion has a built in safeguard to prevent accidental loss of data. If you want to remove a recipe, follow these procedures.

1. Find the recipe 2. Type "D" for "DELETE" 3. The screen will prompt "Do you want to delete this recipe?" 4. Type "Y" for "YES" 5. Type "D" again and the recipe will be removed

View Quick Reference Indexes

Micro Kitchen Companion maintains two pre-set indexes of all your recipes, organized by recipe NAME and KEY INGREDIENT. These indexes are created automatically. They are viewed using the "INDEX MENU".

1. Display the MAIN MENU 2. Type "I" to select INDEX MENU 3. Select "1" to view the Name Index; "2" for the Key Ingredient Index.

Advanced Searching Techniques

When searching for recipes, a few simple techniques apply.

1. Type in only the first few characters of a word to increase the search speed. For example, if you are searching for chocolate desserts, type "choc"

for key ingredient and "des" for desserts.

- 2. Be specific. By including several search criteria, you display only the types of recipes you really want.
- 3. The "time" field refers to the time required to prepare a dish. Micro Kitchen Companion will find any dish that requires an equal or lesser amount of time to prepare. If you enter 4. hours in this field, for example, dishes that take 4. hours or less will be displayed.
- 4. The fields "MEAL", "COURSE" and "TEMPERATURE" allow multiple entries for searching. The "COMMENT" fields act as one long field for search purposes. A search entered in the first, field #13, will also look at field #14 for a possible match.

NOTES:

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ABOUT THE RHYTON RAM

The Rhyton, or Etruscan drinking horn, is one of the earliest artifacts of gourmet technology. Dating to at least 600 B.C., the Rhyton's graceful curves and functional design are a testament to human ingenuity and our desire for beauty.

Originating on the high plains of Etruria, the Rhyton quickly spread throughout the known world. Elegant vessels of silver, bronze and terra cotta have been unearthed from the Greeks, the Persians, and the Roman Empire. As late as the early 18th Century, the Rhyton was abundant in the worldwide China trade.

Today, fine examples are on display at the Metropolitan Museum of Art, the Smithsonian Institution, and other renowned collections.

At Concept Development Associates, we strive for a similar synthesis of function and form, combining today's technology with your desire for taste.

We hope that you enjoy the fruits of our labors, and that you will let us know how we may serve you well.

Write to us for a free catalogue and the location of the dealer nearest you.

STATE OF THE ART COMPANION FOR YOUR HOME

Take your computer out of the closet. The Micro Kitchen Companion is here!

Micro Kitchen Companion is an electronic cookbook, and a whole lot more. It's a sophisticated software system that lets your micro computer work in the kitchen, while you have all the fun.

Looking for an exotic recipe, or one hundred ways to bake a cake? Your Micro Kitchen Companion can find either one, at the touch of button.

Your Companion remembers what you forgot. That hot, French dessert? Micro Kitchen Companion remembers—Souffle Grand Marnier!

Find it, print it, size it up or size it down. Micro Kitchen Companion lets you decide what feature to use and helps you every step of the way with thoughtful on-screen remarks.

IT WILL HAND YOU A SHOPPING LIST, AND NEVER FORGET THE BUTTER.

Micro Kitchen Companion is State of the Art technology for your home. It will index your collection of recipes, though large or complicated it might be. Based on the same powerful data management techniques used in restaurants the world over, Micro Kitchen Companion restores harmony where chaos reigned.

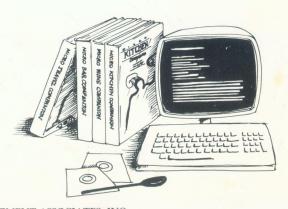
Micro Kitchen Companion remembers your guests, too. One simple command, and it puts any recipe on an index card for them to take to their non-micro home.

MICRO KITCHEN COMPANION COMES COMPLETE WITH CAPONATA, CHOCOLAT POTS DE CREME AND A HOST OF DELICIOUS RECIPES.

You get a free cookbook offer, and simple operating instructions, too.

Create your own recipe disks or plug in one of many delicious choices. With an ever expanding library of recipe disks, it opens up tomorrow's world today.

Collect the set—and the other exciting Micro Home Companions. Look for them all on your dealer's shelves.



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